

(Story of St. Augustine: Thinking the mystery of The Trinity)

The Easter season is over with Pentecost. Back again to the period of Ordinary Season, to begin it with the solemnity of “*The Most Holy Trinity.*” This mystery is central to Christian faith & Christian life and God *alone can reveal it to us by revealing Himself as Father, Son, and Holy Spirit.* **A problem** needs to be solved, but a mystery can only be shared; as it is a matter of heart and not of head.

The Most Holy Trinity is a communion of Persons, *and God's own life is a shared life, a life of mutuality, of interacting relationships.* **God is a community; a family of love** and it is the model for both Christian life & Christian families. = *Christian life* is Trinitarian; i.e. Me-God-Neighbor /communion of love = *Christian family* is Trinitarian; i.e. FATHER–MOTHER CHILD

So we are called to a *shared living* with the Three who are one God; a shared life with other people and with our whole created environment. We are called to find unity and harmony in the midst of ever-changing diversity.

What is special about this feast? It is a doctrinal feast, that is, one not occasioned by any particular event in the life of our Savior. Rather, what is brought to mind here is the very *Reality of God*, the Divine Mystery. It teaches us that there are three distinct Persons in one God, sharing the same Divine nature. Therefore, this mystery is understandable not with **our heads** but shared in faith with **our hearts**.

Understanding Trinity? We need the help of the Holy Spirit! Gospel = “the spirit of truth will guide you to all truth”. Paul says: “The love of God has been poured out into our hearts through

the Holy Spirit that has been given to us". "For this reason, I remind you to *fan into flame* the gift of God, which is in you through the laying on of my hands" (2 Tim 1:6), so that we may understand better this mystery.

-All prayers in the Church begin with the Trinitarian sign of the cross,

-All sacraments are administered (i.e. we are baptized, confirmed, anointed, our sins are forgiven, and marriage blessed) in the name of the Holy Trinity. ALL The blessings are given= in the most Holy Trinity.

We believe in this mystery because Jesus, who is God, taught it clearly: (the *Evangelists* recorded it, the *Fathers of the Church* tried to explain it and the *Councils of Naisea and Constantinople* defined it as a dogma of Christian faith.

Today, as we celebrate the feast of the Most Holy Trinity, let us praise & glorify the Triune God and bring ourselves in the peace and joy of living in communion with the Divine life of the Father, the Son & the Holy Spirit.

Finally, today's feast is above all, a reminder to pray with much greater meaning and respect, the most common of all prayers, so common we hardly think of it as a prayer - **the Sign of the Cross**. It combines both the mystery of the Trinity and mystery of our salvation. It encapsulates in so few words and a simple movement of the arm, *all that we believe in and all that we live for*. Let us, then resolve to *make this sign, with greater dignity and reverence*, and in a spirit of real prayer. "IN THE NAME OF THE FATHER, AND OF THE SON AND OF THE HOLY SPIRIT. AMEN."